

ELEMENTS MASSAGE & RIDGEFIELD MOMS PRESENT

# MOMS

## Appreciation Day

10 AM - 1 PM

APRIL 29 2026

MINI FACIALS  
MASSAGES  
MIMOSAS  
GIFT BASKET RAFFLE



ELEMENTS MASSAGE  
86 DANBURY RD, RIDGEFIELD

IN COLLABORATION WITH

RIDGEFIELD MOMS  
PILATES GREENHOUSE  
STEMS + CO  
CELLAR XV



CLUB PILATES

STEMS  
+CO

